

PHSE themes for each year group YrR

Early Years	PHSE
Nursery/ Reception	PSHE is taught throughout the Early Years curriculum. A range of appropriate topics are covered across the year.

PHSE themes for each year group KS1

KS1 Year groups	Themes for PHSE Core themes – Health and wellbeing (HW), Relationships (R) and Living in the Wider World (LWW)
Year 1	(HW) Healthy lifestyle – Core 1 Unit 1 (HW) Changing and growing – Core 1 Unit 3 (R) Communication – Core 2 Unit 1 (R) Fairness – Core 2 Unit 3 (LWW) Family and friends Core 2 – Unit 4 (LWW) Communities Core 3 Unit 2
Year 2	(HW) Hygiene – Core 1 Unit 2 (HW) Emotions – Core 1 Unit 4 (HW) Keeping safe – Core 1 Unit 5 (R) Bullying – Core 2 Unit 2 (LWW) Rules and responsibilities – Core 3 Unit 1 (LWW) Money and finance Core 3 Unit 3

PHSE themes for each year group Lower KS2

Lower KS2 Year groups	Themes for PHSE Core themes – Health and wellbeing (HW), Relationships (R) and Living in the Wider World (LWW)
Year 3	(HW) Healthy lifestyle (HW) Nutrition and Food (HW) Aspirations (HW) Safety (R) Communication (R) Similarities and differences (LWW) Rules and responsibilities (LWW) Discrimination
Year 4	(HW) Health (HW) Emotions (HW) Changing and growing (HW) First aid (R) Collaboration (R) Healthy relationships (LWW) Diversity (LWW) Economic awareness

PHSE themes for each year group Upper KS2

<p>KS2 Year groups</p>	<p>Themes for PHSE Core themes – Health and wellbeing (HW), Relationships (R) and Living in the Wider World (LWW)</p>
<p>Year 5</p>	<p>(HW) Health (HW) Aspirations (HW) Safety (R) Communication (R) Similarities and differences (LWW) Rights and responsibilities</p>
<p>Year 6</p>	<p>(HW) Nutrition and Food (HW) Emotions (R) Collaboration (R) Healthy relationships (LWW) Diversity (LWW) Enterprise (LWW) Economic awareness</p>