

Fit For Sport Parent Questionnaire

Parent's Name: _____

Child's Name: _____

School: _____ Whitmore Primary School & Nursery _____

Dear Parent,

Fit For Sport is the UK's leading expert in educating children and families about getting more active. Research shows that 1 in 3 Children are overweight by the time they start secondary school and if ignored the childhood obesity epidemic could lead to larger health / mental health problems for your children in adulthood. Children require a minimum of 60 minutes of activity per day, and schools are doing their best and responsible for providing 30 minutes a day. An active school with active children do better in every possible way:

- Active children perform better academically.
- Active children behave better.
- Active children have better concentration levels.
- Active children have better attendance.
- Active children sleep and eat better.
- Active children are happier and have higher self-esteem.

Fit For Sport are here to help your children get that extra 30 minute of activity hassle free. Extended School services and Holiday Camps provide access to a variety of opportunities beyond the school day for your children to become more active. Offering parents access to high quality Ofsted registered before and after-school provision as well as Holiday Camps all year round delivered by Fit For Sport UK's activity leaders.

We ask that you please participate in this parent's survey below to help us assess what provisions would benefit your school, your community and above all your family and we thank you very much for your time and input.

Kindest Regards,

Anlina Rana
Business Development Executive



Fit For Sport Parent Questionnaire

Would you be interested in using an extended school provision at your school?

Yes

No

What days/times would you be interested in using? (Please tick)

	Monday	Tuesday	Wednesday	Thursday	Friday
3.30 – 6.00					
4.30 – 6.00					
3.30 – 4.30					

What would be an affordable hourly rate for child care?

What Activities would your child be interested in? (Please tick)

Sport Specific Sessions	
Team Activities	
Arts & Crafts/ Quiz	
Fit Fun	
Parachute Games	
Talent shows	
Reading/ downtime activities	
Outdoor adventure	

If you do not require the extended schools provision, please outline reasons why below:

Would you be interested in a Holiday Camp Provision at your school?

Yes

No

What would be an affordable daily rate for a Holiday Camp?

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Which holidays would you be most likely to send your child to camp? (Please Tick)

Christmas Break	
February Half Term	
Easter Break	
May Half Term	
Summer	
October Half Term	
Other (Please Specify Below)	

What Activities would your child be interested in? (Please Tick)

Sport Specific Sessions	
Team Activities	
Arts & Crafts/ Quiz	
Fit Fun	
Parachute Games	
Talent shows	
Reading/ downtime activities	
Outdoor adventure	

If your child currently attends a Holiday Camp, please specify which one below:

Please return to the school office by : Monday 17th September and thank you again for your time.