

Whitmore Menu 2017/2018

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------|---|---|---|---|--------------------------------------|
| Week 1 | PASTA DAY OFFERED WITH A CHOICE OF SAUCES | FISHWICH FISH FILLET IN A CRISPY CRUMB SERVED IN A BUN | ROAST GAMMON (local butcher's) | PORK MEATBALLS IN A RICH TOMATO SAUCE SERVED WITH RICE | BURGER IN A BRIOCHE BUN OR |
| Wk Comm: | TOMATO & BASIL CHEESE PEPPERONI OR | OR SPICY BEANBURGER SERVED IN A BUN JACKET POTATO WITH CHEESE | SERVED WITH A YORKSHIRE PUDDING & GRAVY OR | OR QUORN MEATBALLS IN A RICH TOMATO SAUCE SERVED WITH RICE OR | QUORN BURGER IN A BRIOCHE BUN |
| 30.10.17 | PEPPERONI | JACKET POTATO WITH CHEESE | QUORN FILLET SERVED WITH A YORKSHIRE PUDDING & GRAVY | SERVED WITH RICE | CHIPS |
| 27.11.17 | OR | POTATO WEDGES | ROAST POTATOES | OR | JAM DOUGHNUT |
| 01.01.18 | JACKET POTATO WITH CHEESE & BEANS | SALAD BAR | CARROTS | JACKET POTATO WITH CHEESE | |
| 29.01.18 | GARLIC BREAD | LEMON DRIZZLE CAKE | ROAST VEGETABLES | OR | |
| 05.03.18 | SALAD BAR | MULLER CORNER YOGHURT | OR | TUNA MAYO BAGUETTE | |
| | ICE CREAM WITH RASPBERRY SAUCE & WAFER | FRUIT POT | JACKET POTATO WITH BEANS & CHEESE | CARROT CAKE | |
| | MULLER CORNER YOGHURT | | JAM SPONGE & CUSTARD | MULLER CORNER YOGHURT | |
| | FRUIT POT | | MULLER CORNER YOGHURT | FRUIT POT | |
| | | | FRUIT POT | | |
| Week 2 | PIZZA DAY PEPPERONI | ALL DAY BREAKFAST SAUSAGE & BACON | ROAST CHICKEN (local butcher's) | SAPAGETTI BOLOGNAISE OR | CHICKEN NUGGETS OR |
| Wk Comm: | OR | OR | SERVED WITH A YORKSHIRE PUDDING & GRAVY | MACARONI CHEESE OR | QUORN NUGGETS |
| 06.11.17 | CHEESE & TOMATO | ALL DAY VEGGIE BREAKFAST | OR | JACKET POTATO WITH | CHIPS |
| 04.12.17 | OR | 2 QUORN SAUSAGES | QUORN FILLET SERVED WITH A YORKSHIRE | BOLOGNAISE OR TUNA MAYO | CHOC CHIP MUFFIN |
| 08.01.18 | JACKET WITH CHEESE & BEANS | OR | & GRAVY | GARLIC BREAD | |
| 05.02.18 | POTATO CUBES | JACKET POTATO WITH BEANS | Roasted Quorn fillet on root vegetables | SALAD BAR | |
| 12.03.18 | SWEETCORN | OR | ROAST POTATOES | | |
| | SALAD BAR | JACKET POTATO WITH BEANS | CARROTS | MAGIC CHOCOLATE PUDDING | |
| | | SLICE BREAD | BROCCOLO | MULLER CORNER YOGHURT | |
| | FLAPJACK | BEANS, MUSHROOMS & TOMATO | OR | FRUIT POT | |
| | MULLER CORNER YOGHURT | PANCAKE WITH MAPLE SYRUP | JACKET WITH CHEESE | | |
| | FRUIT POT | MULLER CORNER YOGHURT | JELLY & CREAM | | |
| | | FRUIT POT | MULLER CORNER YOGHURT | | |
| | | | FRUIT POT | | |

- * As an alternative to the main dish of the day a choice of either jacket potato or baguettes will be available, EXCEPT on Wednesdays or Fridays
- * Salad Bar Choices - Sweetcorn, Cucumber, Tomatoes, Lettuce and Carrots (Available Daily)
- * Fresh Fruit and yoghurt will be available everyday except Fridays
- * A Vegetarian option is offered each day
- * Fresh water/squash will be available
- * We reserve the right to alter menu items at short notice due to unforeseen circumstances
- * A suitable alternative will be substituted

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|-----------------|--|---|--|---|---|
| Week 3 | LASAGNE GARLIC BREAD | MILD CHICKEN KORMA OR SWEET POTATO & LENTIL OR JACKET POTATO WITH TUNA MAYO OR NAAN BREAD RICE SALAD BAR | ROAST PORK (local butcher's) SERVED WITH A YORKSHIRE PUDDING & GRAVY OR QUORN FILLET SERVED WITH YORKSHIRE PUDDING & GRAVY OR JACKET POTATO WITH CHEESE ROAST POTATOES CARROTS PEAS FRUIT ICE LOLLY MULLER CORNER YOGHURT FRUIT POT | HOMEMADE SAUSAGE ROLLS OR HOMEMADE QUORN SAUSAGE ROLLS OR JACKET POTATO WITH BEANS & CHEESE CREAMY MASH BEANS SWEETCORN APPLE SPONGE & CUSTARD MULLER CORNER YOGHURT FRUIT POT | FISH FINGERS OR VEGETABLE NUGGETS CHIPS HOMEMADE COOKIE |
| Wk Comm: | | | | | |
| 13.11.17 | | | | | |
| 11.12.17 | | | | | |
| 15.01.18 | | | | | |
| 19.02.18 | OR | | | | |
| 19.01.18 | JACKET POTATO WITH BEANS & CHEESE SALAD BAR WAFFLES WITH CHOCOLATE SAUCE MULLER CORNER YOGHURT FRUIT POT | WARM CHOCOLATE BROWNIE MULLER CORNER YOGHURT FRUIT POT | | | |
| Week 4 | LEMON CRUMBED CHICKEN FILLETS OR LEMON CRUMBED QUORN FILLETS OR JACKET POTATO WITH BEANS & CHEESE OR HAM BAGUETTE BABY NEW POTATOES SWEETCORN BROCCOLI FRUIT CRUMBLE & CUSTARD MULLER CORNER YOGHURT FRUIT POT | HOMEMADE CHICKEN PIE OR HOMEMADE QUORN PIE OR JACKET POTATO WITH CHEESE CREAMY MASH PEAS CRACKERS & CHEESE MULLER CORNER YOGHURT FRUIT POT | ROAST BEEF (local butcher's) SERVED WITH A YORKSHIRE PUDDING & GRAVY OR QUORN FILLET SERVED WITH A YORKSHIRE PUDDING & GRAVY OR JACKET POTATO WITH BEANS ROAST POTATOES CARROTS BROCCOLI ARCTIC ROLL MULLER CORNER YOGHURT FRUIT POT | BACON & PEA BOW TIE PASTA OR QUORN & PEA BOW TIE PASTA OR JACKET POTATO WITH TUNA MAYO SALAD BAR CHOCOLATE SPONGE & CUSTARD MULLER CORNER YOGHURT FRUIT POT | HOT DOG IN A ROLL OR QUORN HOT DOG IN A ROLL CHIPS FROZEN YOGHURT POT |
| Wk Comm: | | | | | |
| 20.11.17 | | | | | |
| 18.12.17 | | | | | |
| 22.01.18 | | | | | |
| 26.02.18 | | | | | |
| 26.03.18 | | | | | |

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