

# Whitmore Menu 2017/2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	<b>PASTA DAY</b> OFFERED WITH A CHOICE OF SAUCES	<b>FISHWICH</b> FISH FILLET IN A CRISPY CRUMB SERVED IN A BUN	<b>ROAST GAMMON</b> (local butcher's)	<b>PORK MEATBALLS IN A RICH TOMATO SAUCE SERVED WITH RICE</b>	<b>BURGER IN A BRIOCHE BUN</b> OR
<b>Wk Comm:</b>	<b>TOMATO &amp; BASIL</b> CHEESE <b>PEPPERONI</b> OR	<b>OR</b> SPICY BEANBURGER SERVED IN A BUN <b>JACKET POTATO WITH CHEESE</b>	<b>SERVED WITH A YORKSHIRE PUDDING &amp; GRAVY</b> OR	<b>OR</b> QUORN MEATBALLS IN A RICH TOMATO SAUCE SERVED WITH RICE OR	<b>QUORN BURGER IN A BRIOCHE BUN</b>
30.10.17			QUORN FILLET SERVED WITH A YORKSHIRE PUDDING & GRAVY		CHIPS
27.11.17		POTATO WEDGES	ROAST POTATOES	JACKET POTATO WITH CHEESE	JAM DOUGHNUT
01.01.18	<b>JACKET POTATO WITH CHEESE &amp; BEANS</b>	SALAD BAR	CARROTS	OR	
29.01.18	GARLIC BREAD	LEMON DRIZZLE CAKE	ROAST VEGETABLES	<b>TUNA MAYO BAGUETTE</b>	
05.03.18	SALAD BAR	MULLER CORNER YOGHURT	OR		
	ICE CREAM WITH RASPBERRY SAUCE & WAFER	FRUIT POT	<b>JACKET POTATO WITH BEANS &amp; CHEESE</b>	<b>CARROT CAKE</b>	
	MULLER CORNER YOGHURT		JAM SPONGE & CUSTARD	MULLER CORNER YOGHURT	
	FRUIT POT		MULLER CORNER YOGHURT	FRUIT POT	
			FRUIT POT		
<b>Week 2</b>	<b>PIZZA DAY</b> PEPPERONI	<b>ALL DAY BREAKFAST</b> SAUSAGE & BACON	<b>ROAST CHICKEN</b> (local butcher's)	<b>SAPAGETTI BOLOGNAISE</b> OR	<b>CHICKEN NUGGETS</b> OR
<b>Wk Comm:</b>	<b>OR</b> CHEESE & TOMATO OR	<b>OR</b> ALL DAY VEGGIE BREAKFAST 2 QUORN SAUSAGES	<b>SERVED WITH A YORKSHIRE PUDDING &amp; GRAVY</b> OR	<b>MACARONI CHEESE</b> OR	<b>QUORN NUGGETS</b>
06.11.17		JACKET POTATO WITH BEANS	QUORN FILLET SERVED WITH A YORKSHIRE	JACKET POTATO WITH	CHIPS
04.12.17		OR	& GRAVY	BOLOGNAISE OR TUNA MAYO	
08.01.18	POTATO CUBES	JACKET POTATO WITH BEANS	Roasted Quorn fillet on root vegetables	GARLIC BREAD	CHOC CHIP MUFFIN
05.02.18	SWEETCORN	SLICE BREAD	ROAST POTATOES	SALAD BAR	
12.03.18	SALAD BAR	BEANS, MUSHROOMS & TOMATO	CARROTS		
	FLAPJACK	PANCAKE WITH MAPLE SYRUP	BROCCOLO	MAGIC CHOCOLATE PUDDING	
	MULLER CORNER YOGHURT	MULLER CORNER YOGHURT	OR	MULLER CORNER YOGHURT	
	FRUIT POT	FRUIT POT	JACKET WITH CHEESE	FRUIT POT	
			JELLY & CREAM		
			MULLER CORNER YOGHURT		
			FRUIT POT		

- \* As an alternative to the main dish of the day a choice of either jacket potato or baguettes will be available, EXCEPT on Wednesdays or Fridays
- \* Salad Bar Choices - Sweetcorn, Cucumber, Tomatoes, Lettuce and Carrots (Available Daily)
- \* Fresh Fruit and yoghurt will be available everyday except Fridays
- \* A Vegetarian option is offered each day
- \* Fresh water/squash will be available
- \* We reserve the right to alter menu items at short notice due to unforeseen circumstances
- \* A suitable alternative will be substituted

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 3</b>	LASAGNE GARLIC BREAD	MILD CHICKEN KORMA OR SWEET POTATO & LENTIL OR JACKET POTATO WITH TUNA MAYO OR NAAN BREAD RICE SALAD BAR	ROAST PORK (local butcher's) SERVED WITH A YORKSHIRE PUDDING & GRAVY OR QUORN FILLET SERVED WITH YORKSHIRE PUDDING & GRAVY OR JACKET POTATO WITH CHEESE ROAST POTATOES CARROTS PEAS  FRUIT ICE LOLLY MULLER CORNER YOGHURT FRUIT POT	HOMEMADE SAUSAGE ROLLS OR HOMEMADE QUORN SAUSAGE ROLLS OR JACKET POTATO WITH BEANS & CHEESE CREAMY MASH BEANS SWEETCORN  APPLE SPONGE & CUSTARD MULLER CORNER YOGHURT FRUIT POT	FISH FINGERS OR VEGETABLE NUGGETS  CHIPS  HOMEMADE COOKIE
<b>Wk Comm:</b>					
13.11.17					
11.12.17					
15.01.18					
19.02.18	OR				
19.01.18	JACKET POTATO WITH BEANS & CHEESE SALAD BAR  WAFFLES WITH CHOCOLATE SAUCE MULLER CORNER YOGHURT FRUIT POT	WARM CHOCOLATE BROWNIE MULLER CORNER YOGHURT FRUIT POT			
<b>Week 4</b>	LEMON CRUMBED CHICKEN FILLETS OR LEMON CRUMBED QUORN FILLETS OR JACKET POTATO WITH BEANS & CHEESE OR HAM BAGUETTE BABY NEW POTATOES SWEETCORN BROCCOLI  FRUIT CRUMBLE & CUSTARD MULLER CORNER YOGHURT FRUIT POT	HOMEMADE CHICKEN PIE OR HOMEMADE QUORN PIE OR JACKET POTATO WITH CHEESE CREAMY MASH PEAS  CRACKERS & CHEESE MULLER CORNER YOGHURT FRUIT POT	ROAST BEEF (local butcher's) SERVED WITH A YORKSHIRE PUDDING & GRAVY OR QUORN FILLET SERVED WITH A YORKSHIRE PUDDING & GRAVY OR JACKET POTATO WITH BEANS ROAST POTATOES CARROTS BROCCOLI  ARCTIC ROLL MULLER CORNER YOGHURT FRUIT POT	BACON & PEA BOW TIE PASTA OR QUORN & PEA BOW TIE PASTA OR JACKET POTATO WITH TUNA MAYO  SALAD BAR  CHOCOLATE SPONGE & CUSTARD MULLER CORNER YOGHURT FRUIT POT	HOT DOG IN A ROLL OR QUORN HOT DOG IN A ROLL  CHIPS  FROZEN YOGHURT POT
<b>Wk Comm:</b>					
20.11.17					
18.12.17					
22.01.18					
26.02.18					
26.03.18					

- \* As an alternative to the main dish of the day a choice of either jacket potato or baguettes will be available, EXCEPT on Wednesdays/Fridays
- \* Salad Bar Choices - Sweetcorn, Cucumber, Tomatoes, Lettuce and Carrots (Available Daily)
- \* Fresh Fruit and yoghurt will be available everyday except Fridays
- \* A Vegetarian option is offered each day
- \* Fresh water/squash will be available
- \* We reserve the right to alter menu items at short notice due to unforeseen circumstances
- \* A suitable alternative will be substituted